



**Have we sparked your interest?
Give us a call or send us an e-mail.**

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Supported from:



Opstapje



In our team we speak
Turkish, Arabic, Spanish, English and
German

**Is a play-based learning program for
parents with children from 6 months**

What is Opstapje?

- Opstapje is a play-based learning program for you and your children aged from 6 months to 3 years
- With Opstapje, you support the development of your child.
- Opstapje offers you a wide range of play and activity materials.
- The activities and play materials are child-friendly and age based.
- You can participate in the program up to 3 years.
- Participation is free.

How does Opstapje work?

- At the beginning of the program a home visitor visits you once a week at home. Later every second week.
- They bring you play and activity materials.
- They give you tips, suggestions and are available to answer your questions about the program.
- By playing every day and spending time together you support your child's development.
- Regular group meetings take place after a few weeks.
- At meetings you can share experiences and ideas with other parents. You will receive information on all topics related to parenting. Also group excursions take place, e.g. zoo, museum.

What does Opstapje effect?

- While playing with your child, you will discover how much they enjoy learning.
- You discover your child's interests. S/he will look forward to playing together with you.
- Your child learns how to handle different materials and will discover something new for itself.
- This will help your child on their way to independence.
- Opstapje prepares well for the day care center and also provides support during it.
- Opstapje answers parents' questions about early childhood development and gives information about family offers in their district.

OPSTAPJE

ist ein Programm von

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